STICKLEPATH HORSESHOE FELL RACE

RETIREMENT PROCEDURES

After you have registered for the race and collected your number you are officially "in the race". If you don't start or drop out for any reason, for the safety of all runners and marshals it is imperative you must report to the nearest checkpoint/ marshal and also to the Race Organiser at the Finish.

It is not sufficient to only announce your retirement to a marshal or another runner.

Wendy Manfield Race Organiser 07873 882963

Checkpoints

- Start SX640939
- CP 1 Skaigh Warren SX637935 (Gate to the moor)
- CP 2 Belstone Seat SX620935 (seat on green)
- CP 3 Belstone Tor SX614921
- CP 4 Steeperton Tor SX619888
- CP 5 Cosdon Beacon SX636915
- CP 6 Skaigh Warren SX637935
- Finish SX640939

The race is run in accordance with FRA principles, "The Golden Rule" is that you must report to the Race Organiser if you retire. If you retire from the race without advising as above, the FRA could ban you from future FRA supported races.

It is an "absolute no-no" to retire from the race without reporting to the Race Organiser.

If you are completely lost, North Dartmoor Rescue marshal Steeperton Tor and Hound Tor if you can find your way there. If not, call the Race Organiser in the first instance as we may be able to check your progress through the checkpoints and provide route guidance. Failing that we shall advise North Dartmoor Rescue/the emergency services to assist.

If injured and can safely make your way to a checkpoint without further injury, please do so and support will be provided. Or ask another runner for assistance. If you cannot get to a checkpoint, call the Race Organiser.